Help Page - iOS

Rapid Rhythm Reader App Apple Watch® KardiaMobile® on iPhone®

**Rapid Rhythm Reader does not check for heart attacks.

**Rapid Rhythm Reader does not replace ordinary medical care.

**The purpose of *Rapid Rhythm Reader* is to evaluate heart rhythm recordings obtained from mobile devices in persons without feelings of chest, arm, or jaw discomfort, shortness of breath, severe weakness, uncomfortable heart pounding, dizziness, or passing out. *If you have any of these feelings, you should seek medical attention at once.*

Where are my interpretations?

On the home screen of the *Rapid Rhythm Reader* app appears "My ECGs." This is where a list of your ECG(s) that have been submitted will appear. An hourglass symbol indicates the recording has been submitted, but not yet reviewed. A red heart symbol indicates the ECG rhythm has been reviewed by the Cardiologist and is ready for your viewing.

I cannot see my interpreted ECGs:

- 1. On the home screen entitled "My ECGs," pull down the page until a refresh wheel appears.
- 2. A red heart symbol indicates an interpretation is ready for your viewing.
- 3. If an interpretation has not appeared within 24 hours of recording submission, email us at

help@healthalert.io

How to send Apple Watch recordings for review:

Although the *Apple Watch* is used to record an ECG, the *Health* app on the paired *iPhone* is used to send an ECG for review:

- 1. Record an ECG using your Apple Watch.
- 2. On the paired *iPhone*, when your ECG appears, tap the share icon or select "Export a PDF..." and then tap the share icon.
- 3. Select Rapid Rhythm Reader.
- 4. If you agree, confirm by selecting "OK" in the dialog box that appears.

You may also send an ECG that you recorded previously:

- 1. On the paired *iPhone*, tap "Browse" on the lower navigation menu of the Apple *Health* app.
- 2. Tap "Heart."
- 3. Select an ECG within the ECG section
- 4. Tap the share icon.
- 5. Select Rapid Rhythm Reader.
- 6. If you agree, confirm by selecting "OK" in the dialog box that appears.

How to send KardiaMobile on iPhone recordings for review:

Although the *KardiaMobile* is used to record an ECG, the *iPhone*® is used to send an ECG for review:

- 1. Follow instructions in *KardiaMobile* Quick Start Guide.
- 2. In the *Kardia*® app on the iPhone, scroll down to the "more options" section and select download PDF.
- 3. On Password Protect PDF pop-up screen press "Skip."
- 4. Tap the share button in top right corner, and select the Rapid Rhythm Reader app.
- 5. Select "OK" on the sharing ECG pop-up screen.
- 6. Select "OK" on the next pop-up screen.

In order to send us an ECG that you previously recorded:

- 1. Tap "History" at the lower navigation menu of the Kardia app on the iPhone.
- 2. Tap "EKG," or "See EKG History."
- 3. Tap mail icon of the ECG you wish to send.
- 4. On Password Protect PDF pop-up screen press "Skip."
- 5. Tap the share button in top right corner, and select the Rapid Rhythm Reader app.
- 6. If you agree, confirm by selecting "OK" in the dialog box that appears.